



MATSURU DUTCH OPEN ESPOIR



10 & 11 January 2026



Matsuru Dutch Open Espoir 2026 Weighing and Contest times	Weigh-in rounds times			Starting time* Contests	
	Friday 9 Jan	Saturday 10 Jan	Sunday 11 Jan	Saturday 10 Jan	Sunday 11 Jan
Category					
U18 Men remaining weights	19:45 – 21:00	07:30 - 08:45		09:30	
U18 Men -81, -90 & +90 kg	19:45 – 21:00	10:00 - 10:45		11:15	
U18 Women	19:45 – 21:00	11:30 - 12:30		13:15	
U21 Men		15:30 - 16:45	07:30 - 08:45		09:30
U21 Women		15:30 - 16:45	09:00 - 10:00		10:45
U15 Men		15:30 - 16:45	10:15 - 11:15		11:45
U15 Women		15:30 - 16:45	12:45 - 13:30		14:00

* Be ready for start

Notes:

- A judoka is not allowed to visit 2 weigh rounds.
- Per weigh round, a maximum of 2 visits per judoka is allowed.
- Test weigh-ins are not provided.
- If the actual weight does not meet the declared weight category, it is allowed, with a € 5 administration fee, to register for another weight category.
- All times are in Central European Time.
- It is not mandatory to have a blue kit.
- An IJF approved suit is not mandatory